



Multiformula Capsule

Bariatric Advantage Multi Formula Capsules is a foundational formula with each six-capsule serving delivering:

- **at least 200% DV of 12 key nutrients**
- **100% DV of six other essential nutrients along with the added benefit of calcium**

Form: Array

Flavor:

Size:

Bariatric Advantage **Multi Formula Capsules** is a foundational formula with each six-capsule serving delivering at least 200% DV of 12 key nutrients and 100% DV of six other essential nutrients along with the added benefit of calcium.

- Delivers at least 200% DV of 10 key nutrients including vitamins A, B₁ (6 mg), B₁₂ (350 mcg)
- Delivers at least 100% DV of eight other key nutrients including 2 mg of copper as copper citrate which may be easier on the digestive system and may be preferred for bariatric surgery patients¹
- Provides a full complex of all B vitamins at least 200% DV
- Utilizes only water-miscible form of vitamin D to support better nutrient absorption. Some bariatric surgery patients lack the necessary fat intake or do not completely absorb dietary fat that is necessary to adequately absorb the ordinary supplement form of this fat-soluble vitamin.
- Utilizes only calcium from calcium citrate, the most bioavailable form of calcium and the preferred form of calcium for bariatric patients²
- Utilizes only vitamin D₃, which is more bioactive and more effective than the D₂ form. Vitamin D is critical for calcium absorption
- Utilizes only natural source vitamin E
- Provides comprehensive trace mineral support delivering at least 100% DV of zinc, selenium in selenomethionine form which is the preferred form for the correction of deficiency³ along with copper, manganese, chromium, and molybdenum

ASMBS and Bariatric Clinical Guidelines

- Gastric Bypass (RYGB/RNY), Sleeve Gastrectomy (VSG/SG), and Duodenal Switch (DS) patients are recommended to take a high potency multi-vitamin providing 200% daily value of 2/3 of key nutrients^{4,5} essential for bariatric surgery patients and which include vitamins B₁ (thiamine) and K, Biotin, folic acid, selenium, iron, zinc, and copper
- Quality absorbable form of nutrients should be used after bariatric surgery due to the absorption challenges of bariatric patients

1. [Jacques, J. Micronutrition for the Weight Loss Surgery Patient. Edgemont: Matrix Medical Communications, 2006. 118.](#)
2. [Stein J, Stier C, Raab H, et al. Review article: the nutritional and pharmacological Consequences of obesity surgery. Al Pharm Ther 2014;40:582-609.](#)
3. [Cummings, S. Pocket Guide to Bariatric Surgery, 2nd edition.](#)

- Chicago: Cathy Iammartino, 2015. 225.
4. [Aills, L. et al. ASMBS Allied Health Nutritional Guidelines for the Surgical Weight Loss Patient. Surgery for Obesity and Related Diseases, Volume 4, Issue 5, S73-S108](#)
 5. [Mechanick, JJ, et al. Clinical Practice Guidelines for the Perioperative Nutritional, Metabolic, and Nonsurgical Support of the Bariatric Surgery Patient—2013 Update: Cosponsored by American Association of Clinical Endocrinologists, The Obesity Society, and American Society for Metabolic & Bariatric Surgery](#)

Serving Size: 6 Capsules

	Amount per Serving		% Daily Value *
Vitamin A (as Beta Carotene 75% as Retinyl Palmitate 25%)	10,000	IU	200%
Vitamin C (as Ascorbic Acid)	120	mg	200%
Vitamin D3 (as Cholecalciferol)	1000	IU	250%
Vitamin E (as d-alpha Tocopheryl Acid Succinate)	60	IU	200%
Thiamine (as Thiamin HCl)	6	mg	200%
Riboflavin	3.4	mg	200%
Niacinamide	40	mg	200%
Vitamin B6 (from Pyridoxine HCl)	4	mg	200%
Folic Acid	800	mcg	200%
Vitamin B12 (Cyanocobalamin)	350	mcg	5830%
d-Biotin	600	mcg	200%
Pantothenic Acid (from Calcium d-Pantothenate)	20	mg	200%
Calcium (as Calcium Citrate)	200	mg	20%
Magnesium (as Magnesium Citrate)	100	mg	25%
Zinc (from Zinc Picolinate)	15	mg	100%
Selenium (as L-Selenomethionine)	100	mcg	140%
Copper (as Copper Gluconate, Copper Citrate)	2	mg	100%
Manganese (as Manganese Carbonate)	2	mg	100%
Chromium (as Chromium Picolinate)	120	mcg	100%
Molybdenum (as Sodium Molybdate)	75	mcg	100%
Potassium (as Dipotassium Phosphate)	99	mg	3%
Inositol FCC	25	mg	†
Boron (as Boron Citrate)	3	mg	†

Vanadium (from Vanadium Sulfate)	25	mcg	†
NAC (N-Acetyl-L-Cysteine)	100	mg	†
Alpha Lipoic Acid	25	mg	†
Choline (from Choline Bitartrate)	10	mg	†

