



HT High Protein Meal Replacement

Healthy Transformation ® High Protein Meal Replacement is specially formulated to deliver an appropriate macronutrient ratio to support a very low-calorie diet (VLCD) or low-calorie diet (LCD) plan.

- 27 g Protein
- 11 g Carbohydrate
- 2 g Fat
- 6 g Fiber
- Whey Protein Isolate
- 20+ Essential Vitamins & Minerals
- Gluten-Free

High-Quality Ingredient

Healthy Transformation High Protein Meal Replacement is specifically designed to support a very low-calorie or low-calorie diet plan and features high-quality whey protein isolate available in creamy Chocolate and Vanilla flavor. Healthy Transformation High Protein Meal Replacement is the perfect meal replacement for your recommended diet.

When clinically supervised according to established guidelines and best practices, VLCD and LCD plans help support significant healthy weight loss. Talk to your healthcare practitioner about using this as part of the Healthy Tranformation program.

Available in Chocolate or Vanilla flavors.

New packaging, same great taste! Pre-order yours now!

Form: Array



Flavor: Size:

Healthy Transformation[®] High Protein Meal Replacement provides

27g of protein along with 6g fiber, and 20+ essential nutrients per serving to support a Very Low Calorie Diet (VLCD) or a Low Calorie Diet (LCD) Plan.

- 27 g Protein
- 11 g Carbohydrate
- 2.5 g Fat
- 6 g Fiber
- Whey Protein Isolate
- 20+ Essential Vitamins & Minerals
- Gluten-Free

When clinically supervised according to established guidelines and best practices, VLCD and LCD plans help support significant healthy weight

loss.7-9. Meal replacements are recommended for medically supervised weight loss plans and for long-term weight management.1-4,10-11 Talk to your healthcare practitioner about using this as part of the Healthy Tranformation program.

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- 2. Johansson et al. Am J Clin Nutr. 2014;99(1):14-23.
- 3. LeCheminant et al. J Am Coll Nutr. 2005;24(5):347-353.
- 4. Ames et al. Eat Behav. 2014;15(1):95-98.
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- 7. DHHS 2013. Systematic Evidence Review From the Obesity Expert
- Panel. Available at: www.nhlbi.nih.gov/guideline.
- 8. Raynor et al. J Acad Nutr Diet 2016;116:129-147.
- 9. Gomez-Arbelaez et al. J Clin Endocrinol Metab 2017;102(2):488-49.
- 10. McAuley et al. Int J Obes. 2006;30(2):342-9.
- 11. Layman et al. J Nutr. 2009;139(3):514-521.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.